A250 Plate		
Item Name	Length	KG/M²
3mm Plate *		23.55
4mm Plate *	* A large range	31.4
5mm Plate *	of widths and	39.25
6mm Plate *	lengths as well	47.1
8mm Plate *	as cut to size	62.8
10mm Plate *	are available.	78.5
12mm Plate *	Th '	94.2
16mm Plate *	There is also	125.6
20mm Plate *	a large range	157
25mm Plate *	of Q&T PLATE	196.25
28mm Plate *	available on	219.8
32mm Plate *	request.	251.2
36mm Plate *		282.6
40mm Plate *		314
45mm Plate *		353.25
50mm Plate *		392.5
55mm Plate *		431.75
60mm Plate *		471
70mm Plate *		549.5
80mm Plate *		628
90mm Plate *		706.5
100mm Plate *		785
110mm Plate *		863.5
120mm Plate *		942
140mm Plate *		1099
150mm Plate *		1177.5

Floor Plate		
Item Name	KG/M²	
2.1 Floorplate	18.49	
3.0 Floorplate	25.55	
5.0 Floorplate	41.25	
6.0 Floorplate	49.1	
8.0 Floorplate	64.8	

To calculate the mass of mild steel plate & flat:

Length X Width X thickness X 7850kg
Eg: For a 10mm plate @ 2400mm x 1700mm
2.4 x 1.7 x 0.01 x 7850 = 320.28kg
Eg: For a 200 x 6 flat bar @ 1200mm
1.2 x 0.2 x 0.006 x 7850 = 11.304kg

Note: * Most price books have an extra 2.5% added onto the weight of merchant bar as a rolling tolerance.

- * Add 2 kg per square metre for Floorplate.
- * To calculate the mass of aluminium: Length x width x thickness x 2710 kg
- * To calculate the mass of stainless steel: